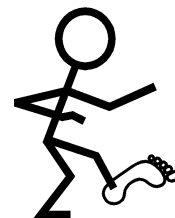


# Paterson's Karate Works

## World Headquarters Class Schedule

### Burlington Mall (905) 639-8055



Effective January 4th, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Children's Classes</b>					<b>Special Event &amp; Private Lessons</b>	
<b>Little Dragons</b>	5:00- 5:30 pm		5:00- 5:30 pm			10:30- 11:00 am
<b>White / Yellow</b>	5:00- 5:45 pm	5:00- 5:45 pm	5:00- 5:45 pm	5:00- 5:45 pm		10:30- 11:15 am
<b>Orange / Purple</b>	5:45- 6:30 pm	5:00- 5:45 pm	5:45- 6:30 pm	5:00- 5:45 pm		11:15- 12:00 pm
<b>Green / Blue</b>	5:45- 6:30 pm	5:00- 5:45 pm	5:45- 6:30 pm	5:00- 5:45 pm		11:15- 12:00 pm
<b>Brown / Red</b>	6:30- 7:15 pm	5:45- 6:30 pm	6:30- 7:15 pm	6:30- 7:15 pm		9:45- 10:30 am
<b>Conditional / Black Belt</b>	6:30- 7:15 pm	6:30- 7:15 pm	6:30- 7:15 pm	5:45- 6:30 pm		9:45- 10:30 am
<b>Teen/Adult Classes</b>						
<b>Teen/Adult All Belt</b>	7:15- 8:00 pm	7:15- 8:00 pm	7:15- 8:00 pm	7:15- 8:00 pm		9:00- 9:45 am
<b>Kickboxing / Sparring</b>		8:00- 8:45 pm		8:00- 8:45 pm		
<b>Weapons</b>			8:00- 8:45 pm		12:00- 12:45 pm	
<b>Tournament Team</b>					1:00-2:00 pm	
<b>Black Belt</b>	8:00- 8:45 pm					

**Paterson's Karate Works is located at the Burlington Mall,  
777 Guelph Line, suite 203. Burlington, Ontario L7R-3N2  
www.patersonskarateworks.com (905) 639-8055**

# Paterson's Karate Works

## Tansley Woods Class Schedule

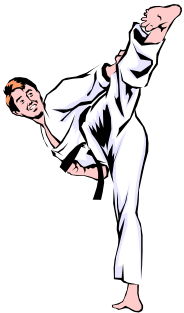
### Community room #1



	Monday	Tuesday	Wednesday	Thursday
<b>Little Dragons</b> Ages 3-6	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm
<b>Beginner</b> White/Yellow/Orange	6:30-7:10pm	6:30-7:10pm	6:30-7:10pm	6:30-7:10pm
<b>Intermediate</b> Purple/Green/Blue	7:10-7:55pm	7:10-7:55pm	7:10-7:55pm	7:10-7:55pm

## New Image Fitness Class schedule

### 28 Main St E. Grimsby



	Wednesday	Friday	
<b>Little Dragons</b> Ages 3-6	6:00-6:30pm	6:00-6:30pm	
<b>Beginner</b> White/Yellow	6:30-7:10pm	6:30-7:10pm	
<b>Intermediate</b> Orange/Purple/Green/Blue	7:10-7:55pm	7:10-7:55pm	

If you are looking to get more out of your training join the tournament team on Saturdays! You'll experience and witness all kinds of exciting martial arts techniques from many different styles!

**Halton** (905) 639-8055  
**Niagara** (905) 730-5424

[www.thekarateguy.com](http://www.thekarateguy.com)

Also, take advantage of the skill development within the different daytime camps that happen when school is out!



**For more information, or to discuss progress, please email  
Mr. Paterson at [coach@thekarateguy.com](mailto:coach@thekarateguy.com)**