

Paterson's Karate Works

World Headquarters Class Schedule

Burlington Mall (905) 639-8055



Effective August 2011

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Classes					Special Event & Private Lessons	
Little Dragons	5:00- 5:30 pm	5:00- 5:30 pm	5:00- 5:30 pm	5:00- 5:30 pm		10:30- 11:00 am
White / Yellow / Orange Belts	5:00- 5:45 pm	5:00- 5:45 pm	5:00- 5:45 pm	5:00- 5:45 pm		10:30- 11:15 am
Purple / Green / Blue Belts	5:45- 6:30 pm	5:45- 6:30 pm	5:45- 6:30 pm	5:45- 6:30 pm		11:15- 12:00 pm
Brown / Red	6:30- 7:15 pm	6:30- 7:15 pm	6:30- 7:15 pm	6:30- 7:15 pm		9:45- 10:30 am
Conditional / Black Belt	6:30- 7:15 pm	6:30- 7:15 pm	6:30- 7:15 pm	6:30- 7:15 pm		9:45- 10:30 am
Teen/Adult All Belt	7:15- 8:00 pm	7:15- 8:00 pm	7:15- 8:00 pm	7:15- 8:00 pm		9:00- 9:45 am
Kickboxing / Sparring		8:00- 8:45 pm		8:00- 8:45 pm		
Weapons All Ages	8:00- 8:45 pm		8:00- 8:45 pm			12:00- 12:45 pm
Tournament Team	8:00-8:45 pm		8:00-8:45 pm			1:00-2:00 pm



**Paterson's Karate Works is located at the Burlington Mall,
777 Guelph Line, suite 203. Burlington, Ontario L7R-3N2
www.patersonskarateworks.com (905) 639-8055**



Paterson's Karate Works

Tansley Woods Class Schedule

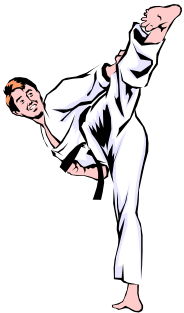
Community room #1



	Tuesday	Thursday
Little Dragons Ages 3-6	6:00-6:30pm	6:00-6:30pm
Beginner White/Yellow/Orange	6:30-7:10pm	6:30-7:10pm
Intermediate Purple/Green/Blue	7:10-7:55pm	7:10-7:55pm

Fluid Fitness Class Schedule

28 Main St E. Grimsby



	Wednesday
Little Dragons Ages 3-6	6:00-6:30pm
Beginner White/Yellow/Orange	6:30-7:10pm
Intermediate/Advanced Purple belt +	7:10-7:55pm

If you are looking to get more out of your training join the Tournament team! You'll experience and witness all kinds of exciting martial arts techniques from many different styles!

Halton (905) 639-8055
Niagara (905) 730-5424

www.thekarateguy.com

A lot of people enjoy the earlier class times at our World Headquarters for Purple belt and higher!



**For more information, or to discuss progress, please email
Mr. Paterson at coach@thekarateguy.com**